

Meal Pack Sample Menu

March 4, 2021



Friday 3/5

Milk is recommended daily with each meal

Breakfast:

Yogurt w/ granola
Frozen Berries

Lunch:

Pulled Pork Sandwich
3-Bean Salad + Orange

Monday 3/8

Breakfast:

Cinnamon Roll
Apple + Juice

Lunch:

Chef's Choice Entree
Celery + Carrots + Orange

Tuesday 3/9

Breakfast:

Egg & Cheese Taco
Apple + Juice

Lunch:

Grilled Cheese Sandwich
Spinach + Carrots + Orange

Wednesday 3/10

Breakfast:

Cereal bowl
Dried Fruit + Juice

Lunch:

Bean & Cheese Burrito
Wedges + Carrots + Apple

Thursday 3/11

Breakfast:

Banana Bread Slice
Apple + Juice

Lunch:

Chicken Burger
Potato Wedges + Orange